Unsung Heroine
(Continued from Page 9)

tions, Saphira thinks there is an attitude/lack of an open mindset that promotes competitiveness and fear that it would not be financially and professionally advantageous.

When asked what she would like to be seen and known for from her 47 years of teaching, Saphira talked about the work she does to foster the need for Unity Consciousness, “Breaking down the distinctions and differences that divide us,” and the ongoing spiritual journey she has been on since meeting Moreno in her early career. In 1971 Saphira was initiated into the Sufi Order and all these combined teachings have informed her transcendent psycho-spiritual path. Saphira has studied/meditated with Pir Zia Inayat Kahn (President of the International Sufi Order), Marion Woodman, Ellen Burstyn, Jean Houston and other women who are leaders in the power of feminine consciousness, expressed through their own training programs, artistic gifts and as spiritual guides from different backgrounds and traditions. Saphira shared the similarities of Pir Vilayat Inayat Khan and Moreno — they were both deep thinkers of Cosmology — always looking at the big picture and creating new forms. They were both spontaneous. They also stayed fluid and were often breaking their own rules, as they were continually creating new forms. This has inspired her to continually take risks and to create new forms as she works and grows with the people she serves.

Saphira lives and works from a place of “spiritual calling” encouraging those she works with to create their lives as works of art. Her twelve principles of Transpersonal Drama Therapy & Psychodrama provide the scaffolding, although to listen to Saphira talk, you can sense that she IS guided from a consciousness beyond & within everyday reality.

When asked about her growing edge today and what she is working on, Saphira quietly says, “I keep asking myself how I can best serve and use my talents and life experience as an elder to help others cultivate their own creativity and authenticity. We need to work together (as Moreno says) to co-create our world.” Pir Vilayat used to say: “We want to create a beautiful world of beautiful people.” Saphira says: “In my experience when I am called to an artistic and/or healing process or project, I usually get what I need to do it, if I really believe that it’s mine to do. Identifying our ‘Calling’ allows us to be passionate about what we do, and feel grateful to be able to be of service in that way.”

We are the Change
(Continued from Page 10)

“As co-presenter of the privilege walk, my observation from the participants in the workshop was of how people attempted to connect to each other, especially through the sharing. The earnest listening and communication surrounding their present awareness appeared to affect others. I noticed one participant spontaneously went to another participant for comfort. During the sharing in triads, I noticed that some groups joined other groups, by moving to other parts of the “line”, to share and listen to their stories, bringing to light the sociometry in the room. During the activity, I sensed a tone of respect for each other, which was observed through the active listening and verbal expressions of vulnerability.”

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A Thank You Gift to the PNN Writers at the 2018 Conference

Your Council at Work
(Continued from Page 3)

Your EC members are available all year long and welcome any questions, concerns, or suggestions from our members. Please see listing of Council members and emails – http://www.asapp.org/pdf/Ex%20Council%202018-19.pdf